

Dr. Dimitry Palceski

Reflections Dermatology
Orlando, Florida

ASK DR. PALCESKI

IN WHAT WAY IS YOUR PRACTICE GROUNDED IN PATIENT-CENTERED CARE?

We take the time to learn patients' names and a bit about their lives, so that we can better care for them and make them feel at home. Patients feel like individuals here, not just another chart.

WHAT FACTORS INFLUENCE YOUR PROCEDURE SUGGESTIONS?

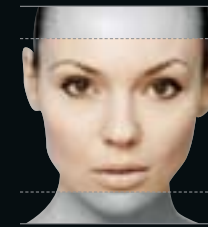
I consider everything from what that client does for a living to the length of downtime associated with each procedure option. For example, a news anchor who is set to appear on television the next day will require a different course of treatment than a stay-at-home mom. In turn, we tailor our treatments to best serve each patient.

WHAT DELUXE ACCOMMODATIONS CAN PATIENTS EXPECT FROM REFLECTIONS DERMATOLOGY?

My office is very upscale, yet remains warm and inviting. In particular, it is housed in a new, modern facility that utilizes state-of-the-art technology, such as paperless charts for easy access to files, and new, cutting-edge lasers.

Skin sense

Prevention is a key component to skin care for Dr. Palceski. Of course, he performs procedures to address current conditions too, but his main goal is to teach skin-care techniques that prevent the need for invasive procedures down the road. "The first step to beautiful skin is adding sunblock to your daily routine and minimizing sun exposure. Doing so will help keep wrinkles and dark spots at bay, lessening the chance of skin cancer, as well." As far as products go, Dr. Palceski suggests nourishing vitamin A cream to help lessen the appearance of existing wrinkles, promoting supple texture and a more radiant glow. "I am also a big proponent of glycolic acid because it minimizes the effects of acne, premature aging and hyperpigmentation. Along with facials and a good skin-care regimen, regular trips to the dermatologist for upkeep can make all the difference in achieving healthy, beautiful skin."



SKIN CARE

WHAT AT-HOME EFFORTS CAN SUSTAIN IN-OFFICE PROCEDURES?

At-home care is very important to maintain the results you achieve via in-office procedures. With that said, it's very important you exercise, eat a healthy diet rich in antioxidants, minimize sun exposure, don't smoke and use a retinoid as part of a daily skin-care regimen. Retinoids are very important because they speed up cell turnover, enabling you to shed dead skin cells to unveil healthy, lustrous skin underneath.

"I believe youth has no age"

DR. DIMITRY PALCESKI COMBINES A PERSONALIZED APPROACH WITH HIS CRITICAL EYE FOR DETAIL TO DELIVER WHAT HE IS BEST KNOWN FOR AMONG HIS PATIENTS: NATURAL-LOOKING RESULTS. "I FOCUS ON BOTH THE MEDICAL AND COSMETIC SIDES OF SKIN CARE TO PROVIDE MY PATIENTS WITH IMPRESSIVE RESULTS THAT ENABLE THEM TO APPEAR RESTED AND REFRESHED, WITHOUT LOOKING 'WORKED ON.' MY FAVORITE STORIES ARE WHEN CLIENTS SAY THAT THEIR FRIENDS CAN'T FIGURE OUT WHY THEY LOOK SO GOOD, NEVER GUESSING THAT THEY'VE UNDERGONE COSMETIC REJUVENATION."

MEET THE EXPERT

Dr. Dimitry Palceski

American Osteopathic Board of Dermatology

SERVICES OFFERED

General & Cosmetic Dermatology
Dermatologic Surgery
Laser Treatments
IPL™
(Intense Pulsed Light) Treatments
Injectables
Chemical Peels
Silk Peel Microdermabrasion
Sclerotherapy (Vein Therapy)
Customized Skin-Care Regimens

ABOUT DR. PALCESKI

HOW DOES YOUR STAFF CONTRIBUTE TO THE CARE YOU OFFER?

My staff is full of knowledge to impart the compassionate care and leading treatment I believe is important.

WHY DID YOU BECOME A DERMATOLOGIST?

I am fascinated by the complexities of the skin, and enjoy aspects of both medical and dermatologic surgery.

HOW WOULD YOU DESCRIBE YOUR CHAIRSIDE STYLE?


It's attentive and considerate.



MEDICAL DEGREE
Midwestern University, Illinois

LOCATION
Orlando, Florida

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 To learn more about the practice visit
reflectionsdermatology.com